

# January 2019 Lunch & Breakfast Menu

## USD #285 Cedar Vale Schools

	1.	2.	3.	4.
	<b>HAPPY NEW YEAR!</b>			
7.Strawberry Pancakes WG Cereal	8. Cinnamon Roll & Yogurt WG Cereal	9. Breakfast Pizza WG Cereal	10.Biscuits & Gravy WG Cereal	11.
Chicken Nuggets Potato Wedges Rosy Applesauce Broccoli Cinnamon Puff	French Bread Pepperoni Pizza Tossed Salad Corn Pineapple Tidbits Melon Fruit Cinnamon Crisp	Tator tot Casserole Fruit fluff Green Beans WG Roll Fresh Orange Cherry Tomatoes	Super Nachos Tortilla Chips Refried Beans Cucumbers Grapes HS Fresh Fruit	
14.Breakfast Stick WG Cereal	15.Donuts WG Cereal	16. Breakfast Pizza WG Cereal	17.English Muffin Sausage Patty WG Cereal	18.
Chicken Fried Beef Patty Mashed Potatoes WG Roll Mandarin Oranges Corn HS Fresh Fruit	Mini Meatball sandwich WG Hoagie Bun Potato Wedge Dill Pickle Spears Baby Carrots Fresh Citrus Cup HS Fresh Fruit	Chicken Wings Peaches Baby Spinach Leaves w/ Italian dressing WG Roll Green Beans Cheesy Potatoes HS Fresh Fruit	Cheeseburger Pork and Beans French Fries Pears Creamy Cole Slaw Chocolate Chip Cookies	
21.Dutch Waffles WG Cereal	22. Scrumptious Coffee Cake WG Cereal	23.Breakfast Pizza WG Cereal	24.Biscuits and Gravy WG Cereal	25.
Pulled Pork WG bun French Fries Pineapple Tidbits Cherry tomatoes HS Fresh Fruit	Cheeseburger Mac Green Beans Dill Pickle spear Rosy applesauce Baby carrots WG Grain Roll	Corn Dog Potato Wedge Baked Beans Pears Baby carrots HS Fresh Fruit	Chicken Alfredo Tossed salad Fresh Grapes Broccoli Garlic Cheese Stick	
28. Breakfast Bites WG Cereal	29.Blueberry/Chocolate Muffin WG Cereal	30.Breakfast Pizza WG Cereal	31.Cinn.Roll/ Yogurt WG Cereal	1.
Chicken Egg Roll Rice Mandarin Oranges Broccoli Fortune Cookie HS Fresh Fruit	Chicken Strips Mac & Cheese Cherry Tomatoes California blend Rosy Applesauce WG Roll HS Fresh Fruit	Chili Fritos Tropical Fruit Cinnamon Puff Carrots HS Fresh Fruit	Hot Dog WG Bun French Fries Banana Broccoli Slaw Carrots Snickerdoodles HS Fresh Fruit	

All meals served with choice of milk All Breakfast served with choice of juice or fruit.  
WG cereal served with string cheese